

What are the Most Common Conditions in Primary Healthcare

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Abstract

Discussing and talking about the global burden of disease(s)' demographics is very useful and very supportive in promoting health and in advancing the healthcare quality in general.

Indeed, understanding the illness as it is more than just a medical condition but to understand and to study both the related factors and the distribution of the illness would enhance the healthcare services that will be provided to prevent and to treat the illness. Thus, epidemiology is a major part and is playing an effective role in public health practice and in the preventive healthcare standards respectively which would advance the primary healthcare continuously as a result.

Keywords: Epidemiology; Primary healthcare; Most common medical conditions

The Discussion

Acknowledge and recognizing the most common medical cases that would come across the primary healthcare services via statistical studies to have results and outcomes that make the healthcare providers to be aware of the common medical cases that they might face is very much supporting toward the health promotion and by doing so then it is the application of the epidemiological perspective through the public health practice.

Primary care is an important, essential, and effective point of access into healthcare systems everywhere. The good infrastructure of the primary healthcare system associated with better health outcomes. The common medical conditions in primary healthcare might vary in between populations, countries and continents. The common medical conditions in primary healthcare might vary between the developing and the developed countries. Both the race and the ethnicity play effective role as well in the varieties in the common medical conditions that might come across the primary healthcare setting. However, in a synthesis as part of a systematic review that was published at the National Library of Medicine identified the 10 most common medical conditions that the primary care having and these conditions are upper respiratory tract infection, hypertension, routine health maintenance, depression and/ or anxiety, diabetes, arthritis, pneumonia, acute otitis media, dermatitis, and back pain. This systematic review was done via searching through 12 scientific databases up to January 2016 as a data source for it (Finley CR, Chan DS, Garrison S, Korownyk C, Kolber MR, Campbell S, Eurich DT, Lindblad AJ, Vandermeer B, Allan GM, 2018).

Declaration

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Reference

[Finley CR, Chan DS, Garrison S, Korownyk C, Kolber MR, Campbell S, et al. What are the most common conditions in primary care? Systematic review. *Can Fam Physician*. 2018;64\(11\):832-40.](#)

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